



True You Maryland Positive Prevention Plus Fidelity Log

Thank you for taking the time to fill out this form today! We will ask you some questions about **the most recent 3P lesson you completed**.

For each of the activities in the lesson, please indicate whether you **implemented** it as described in the curriculum, **implemented it with changes**, or **did not implement** it. Adaptations and modifications might include changing the order of the lesson, adding new content or changing activities, skipping a portion of an activity, or changing the way you teach something (e.g. shortening an activity because of lack of time). Please describe any changes you made so we can better understand how we might make changes to the curriculum in the future.

Please complete this log **once per semester you teach 3P, immediately after the class you taught most recently** so your responses are accurate. Please answer honestly. The information you provide is completely confidential and will only be presented in group form. Your name or other identifying information will not be disclosed to anyone.

Please enter the date you completed your most recent 3P lesson.

How many class periods/sessions did you spend on this lesson?

Please select the county and school where you implement 3P:

County _____

School _____

Please provide information on your most recent 3P lesson:

- Your name _____
- 3P Co-facilitator (if applicable) _____
- Course section (e.g., 2nd period Science) _____

Was this 3P lesson facilitated or co-facilitated by someone who is not a teacher? (e.g., a Girls, Inc., YMCA, or health department health educator)

- Yes
- No
- I'm not sure

Please write the organization that the facilitator or co-facilitator is/are from in the space below.

How did you implement this 3P lesson?

- In-person
- Virtual
- Hybrid in-person and virtual

Positive Prevention Plus Lessons

In this log, we want to know about the **lesson** you most recently implemented, **not the class session** you most recently taught. If you taught two lessons in one class session, then only fill this log for the second lesson. If you spent more than one class session on one lesson, then fill this log for the entire lesson across both class sessions.

Select the lesson you most recently implemented:

- PP+ Getting Started
- Lesson 1: Life Planning
- Lesson 2: Healthy Relationships
- Lesson 3: Relationship Abuse
- Lesson 4: Human Trafficking
- Lesson 5: Preventing an Unplanned Pregnancy
- Lesson 6: Teen Pregnancy: Choices and Responsibilities
- Lesson 7: Myths and Stereotypes about HIV Infection
- Lesson 8: HIV/AIDS Epidemic
- Lesson 9: Preventing Sexually Transmitted Infections
- Lesson 10: Protection and Communication
- Lesson 11: Media and Peer Pressure
- Lesson 12: Accessing Community Resources
- Lesson 13: Steps to Success

How many class periods did you spend on this lesson?

Getting Started Lesson

Which Getting Started activities did you implement?

	Implemented	Implemented with changes	Did not implement
A. Introduction	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
B. Discussing Embarrassing Topics	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
C. Group Agreements	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
D. The Sexual Health of Teens	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E. Gender and Sexual Orientation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
F. Lesson Wrap-Up and Pre-Test	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Describe any changes made to activities and/or any skipped activities with reasons. Please include the activity letter followed by the change(s) you made.

Example 1: "C. Worked in groups instead of individually"

Example 2: "B. Skipped, but completed A and C."

Lesson 1: Life Planning

What Lesson 1: Life Planning activities did you implement?

	Implemented	Implemented with changes	Did not implement
A. Introduction	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
B. Visualizing Your Future	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
C. Creating a Life Plan	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
D. Lesson Wrap-Up	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Describe any changes made to activities and/or any skipped activities with reasons. Please include the activity letter followed by the change(s) you made.

Example 1: "C. Worked in groups instead of individually"

Example 2: "B. Skipped, but completed A and C."

Lesson 2: Healthy Relationships

Which Lesson 2: Healthy Relationships activities did you implement?

	Implemented	Implemented with changes	Did not implement
A. Introduction	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
B. Love and Intimacy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
C. Healthy Relationships	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
D. Lesson Wrap-Up	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Describe any changes made to activities and/or any skipped activities with reasons. Please include the activity letter followed by the change(s) made.

Example 1: "C. Worked in groups instead of individually"

Example 2: "B. Skipped, but completed A and C."

Lesson 3: Relationship Abuse

Which Lesson 3: Relationship Abuse activities did you implement?

	Implemented	Implemented with changes	Did not implement
A. Introduction	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
B. Consent	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
C. Violence and Abuse	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
D. Protect Yourself	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E. Lesson Wrap-Up	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Describe any changes made to activities and/or any skipped activities with reasons. Please include the activity letter followed by the change(s) made.

Example 1: "C. Worked in groups instead of individually"
 Example 2: "B. Skipped, but completed A and C."

Lesson 4: Human Trafficking

Which Lesson 4: Human Trafficking activities did you implement?

	Implemented	Implemented with changes	Did not implement
A. Introduction	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
B. Human Trafficking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
C. Sex Trafficking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
D. Resources and Services	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E. Lesson Wrap-Up	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Describe any changes made to activities and/or any skipped activities with reasons. Please include the activity letter followed by the change(s) made.

Example 1: "C. Worked in groups instead of individually"

Example 2: "B. Skipped, but completed A and C."

Lesson 5: Preventing an Unplanned Pregnancy

Which Lesson 5: Preventing an Unplanned Pregnancy activities did you implement?

	Implemented	Implemented with changes	Did not implement
A. Introduction	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
B. What is Family Planning?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
C. Contraception and Community Services	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
D. Sexual Abstinence	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E. Lesson Wrap-Up	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Describe any changes made to activities and/or any skipped activities with reasons. Please include the activity letter followed by the change(s) made.

Example 1: "C. Worked in groups instead of individually"

Example 2: "B. Skipped, but completed A and C."

Lesson 6: Teen Pregnancy: Choices and Responsibilities

Which Lesson 6: Teen Pregnancy: Choices and Responsibilities activities did you implement?

	Implemented	Implemented with changes	Did not implement
A. Introduction	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
B. Prenatal Care and Parenting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
C. Alternatives	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
D. Decision-Making	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E. Lesson Wrap-Up	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Describe any changes made to activities and/or any skipped activities with reasons. Please include the activity letter followed by the change(s) made.

Example 1: "C. Worked in groups instead of individually"

Example 2: "B. Skipped, but completed A and C."

Lesson 7: Myths and Stereotypes about HIV Infection

Which Lesson 7: Myths and Stereotypes about HIV Infection activities did you implement?

	Implemented	Implemented with changes	Did not implement
A. Introduction	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
B. Persons Infected / Affected by HIV	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
C. Friends, Family, and HIV	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
D. Lesson Wrap-Up	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Describe any changes made to activities and/or any skipped activities and possible reasons. Please include the activity letter followed by the change made.

Example 1: "C. Worked in groups instead of individually"
 Example 2: "B. Skipped, but completed A and C."

Lesson 8: HIV/AIDS Epidemic

Which Lesson 8: HIV/AIDS Epidemic activities did you implement?

	Implemented	Implemented with changes	Did not implement
A. Introduction	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
B. The HIV Epidemic	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
C. HIV Transmission	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
D. HIV Disease and AIDS	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E. The Treatment of HIV Disease	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
F. Lesson Wrap-Up	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Describe any changes made to activities and/or any skipped activities with reasons. Please include the activity letter followed by the change(s) made.

Example 1: "C. Worked in groups instead of individually"

Example 2: "B. Skipped, but completed A and C."

Lesson 9: Preventing Sexually Transmitted Infections

Which Lesson 9: Preventing Sexually Transmitted Infections activities did you implement?

	Implemented	Implemented with changes	Did not implement
A. Introduction	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
B. Overview of STIs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
C. STI Symptoms and Testing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
D. STI Game Show (optional)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E. Lesson Wrap-Up	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Describe any changes made to activities and/or any skipped activities with reasons. Please include the activity letter followed by the change(s) made.

Example 1: "C. Worked in groups instead of individually"
 Example 2: "B. Skipped, but completed A and C."

Lesson 10: Protection and Communication

Which Lesson 10: Protection and Communication activities did you implement?

	Implemented	Implemented with changes	Did not implement
A. Introduction	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
B. Using Condoms Consistently & Correctly	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
B. Internal & External Condom Use (optional)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
C. Condom Success and Failure Rates	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
D. Condom Negotiation Skills Practice	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E. Lesson Wrap-Up	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Describe any changes made to activities and/or any skipped activities with reasons. Please include the activity letter followed by the change(s) made.

Example 1: "C. Worked in groups instead of individually"

Example 2: "B. Skipped, but completed A and C."

Lesson 11: Media and Peer Pressure

Which Lesson 11: Media and Peer Pressure activities did you implement?

	Implemented	Implemented with changes	Did not implement
A. Introduction	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
B. Media and Peer Pressure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
C. Assertiveness and Negotiation Skills	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
D. Lesson Wrap-Up	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Describe any changes made to activities and/or any skipped activities with reasons. Please include the activity letter followed by the change(s) made.

Example 1: "C. Worked in groups instead of individually"

Example 2: "B. Skipped, but completed A and C."

Lesson 12: Accessing Community Resources

Which Lesson 12: Accessing Community Resources activities did you implement?

	Implemented	Implemented with changes	Did not implement
A. Introduction	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
B. How Infections are Spread	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
C. Testing and Community Resources	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
D. Lesson Wrap-Up	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Describe any changes made to activities and/or any skipped activities with reasons. Please include the activity letter followed by the change(s) made.

Example 1: "C. Worked in groups instead of individually"

Example 2: "B. Skipped, but completed A and C."

Lesson 13: Steps to Success

Which Lesson 13: Steps to Success activities did you implement?

	Implemented	Implemented with changes	Did not implement
A. Introduction	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
B. Lifeline Review	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
C. Steps to Success	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
D. Personal Contracts	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E. Lesson Wrap-Up	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Describe any changes made to activities and/or any skipped activities with reasons. Please include the activity letter followed by the change(s) made.

Example 1: "C. Worked in groups instead of individually"
 Example 2: "B. Skipped, but completed A and C."

Reflection

What went well in this lesson? What didn't go well? Did any parts of the lesson feel uncomfortable for you?

Did you face any challenges teaching the lesson as described in the curriculum? Did any activities take more or less time than you expected?

How engaged were students in this lesson?

- Very engaged
- Somewhat engaged
- A little engaged
- Not engaged

How many clinic referral cards did you distribute (if any)?

Did you help refer a student to clinical services today? If so, how many did you help?

Individual referral can mean:

- 1:1 discussion with a student about their personal need for information about accessing clinical services
- Helping a student make an appointment
- Other actions that are likely to help an individual access clinical services

Would you like assistance, support, or resources for teaching Positive Prevention Plus moving forward? What would you like assistance for?

Thank you for your time! We appreciate you filling out this fidelity log today. Please email Liyana Ido at lido1@jhu.edu with any questions or concerns.